



Dressing for Dogsledding is Easy!

Staying warm & cozy on your Wintergreen dogsled trip is no problem! We are the winter comfort experts. We'll make sure you've got exactly what you need. You probably already have much of that like sweaters, socks & hats. Our Wintergreen Northern Wear store in Ely will help you with items you don't have. Small items like long underwear & mitts are available for purchase. Big items like parkas, snow pants, and snow boots can be rented so that you don't need to buy expensive gear. We can guide you in gathering your gear. Feel free to contact us at info@WintergreenNorthernWear.com or 218-365-6602. Use the enclosed white form to reserve any items you may need to purchase or rent. We'll have them waiting for you when you arrive in Ely. Then at your lodge, your dogsled guides will double check your gear. We'll make sure you're warm & cozy so you can enjoy your trip to the max!



Rental items: The key to winter comfort is having insulating layers that hold body warmth, plus outer shell layers that shed snow. Parkas combine insulating and shell layers in one garment and work okay. But we recommend the flexibility of having separate insulating and shell garments so that you can adjust your clothing as needed to stay warm & dry. That's why the Wintergreen rental parkas (called "anoraks") and snow pants are offered in both shell and fleece (insulating) layers. We can advise you whether you'll want to rent one or both layers, depending upon what you already have. Our rental snow boots have rubber lowers, leather or nylon high-top uppers and removable insulating liners for ease of drying. Renting all these items (anorak & pants layers plus boots) at package discount runs \$135 per adult for overnight trips (\$60 for day trips) and \$80 for kids (\$45 for day trips). But you may only need some items: last year about half our overnight guests rented gear and they spent an average of \$75 in rental.

Purchase items: Wintergreen Northern Wear offers synthetic long underwear tops and bottoms (\$32 each for adult sizes, \$20 each for kids sizes), thin liner socks (\$11/adults, \$6/kids), thick insulating socks (\$10/adults, \$11/kids), liner gloves (\$13/adults), super-warm Wintergreen mittens (\$69/adult, \$59/kids) and Wintergreen hat (\$66/adult, \$45/kids). Purchasing all these items at package discount runs \$218/adult, \$146/kids. But you may only need some items (last year's guests who needed gear spent about \$80/adult.) And remember, these items are a wise investment. They'll enhance your Wintergreen experience and your other fall, spring or winter activities.

The Bottom Line: Review our detailed clothing suggestions on the next page. Then gather any clothing items you've already got that you think might work & reserve with us items you may still need. When you arrive in Ely, our store staff and our guides can review what you've brought and help you decide which of the rental/purchase items you've reserved are actually needed.

Keep in mind that:

- Day trip needs are not as critical as multi-day needs (i.e., day trippers don't need extra items)
- Lodge-based trip needs are not as critical as camping trip needs.
- Early & late season trips (pre-Xmas & March) often involve balmier temps than heart of winter trip.

Need advice? Questions? Call us at Wintergreen Northern Wear: 218-365-6602

"Give me winter, give me dogs and you can keep the rest." Knud Rasmussen, Greenlandic explorer

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Clothing Checklist for your Wintergreen Dogsled Trip

Key items—parka, snow pants, boots—can be rented from Wintergreen Northern Wear in Ely, 218-365-6022, info@WintergreenNorthernWear.com. Smaller items which can't be rented (mitts, hats, socks, camp booties, thermalwear) can be purchased from **Wintergreen**. Not sure if what you already have will work? Call us for advice. When you arrive in Ely, our staff will check your gear to ensure you'll be warm & cozy on your dogsled trip. Feel free to pack your clothing in any style luggage, duffel bags, backpacks, etc.

___ **Warm jacket** or parka (available for RENT from **Wintergreen Northern Wear**)

What works best: a long, roomy, hooded **shell jacket** or anorak that can be slipped on or off of an **insulating jacket** or anorak depending upon conditions. A warm parka or snowmobile suit (which combines the shell & insulating layer) also works but doesn't offer the versatility of layering.

What doesn't work: short-waisted or tight-fitting sports jackets (too cold), fur coats (distracts the dogs!), canvas coats (they get damp), wool coats (they don't shed snow as well)

___ **Warm pants** (available for RENT from **Wintergreen Northern Wear**)

What works best: **shell** pants layered over **fleece** pants as needed, insulated ski pants

What doesn't work: wool, canvas or cotton pants (they collect snow)

___ **Boots** (warm feet are key to a fun trip – be sure to have adequate boots! (RENT from **Wintergreen**)

What work's best: "Sorel-type" snow boots with a rubber lower, leather or nylon upper and removable foam or felt liners. The boots should be rated to at least -20 F. Well insulated boots without removable liners may be adequate for lodge-based trips but NOT for camping trips. Extra liners are handy for lodge-based trips and are essential for camping trips. Extra liners are provided with rental boots for camping.

What doesn't work: leather hunting boots, low-top boots, boots that don't repel snow and moisture, any boot without at least a half-inch of insulation, tight boots (Remember, your feet swell one whole shoe size during activity so test your fit. Your boot should slide easily over your foot with 2 pairs of socks on.)

___ **Long Underwear** (one or 2 pair of tops & bottoms, medium or heavy weight) (BUY from **Wintergreen**)

What works best: Choose synthetic thermalwear like Power Dry, Calamai, Varitherm, Capiline, or Thermax that wick moisture away from your skin to keep you dry. Silk thermalwear is okay.

What doesn't work: cotton "waffle" long-johns absorb moisture and keep you damp.

___ **Extra tops** (one or more of the following)

What works: fleece sweater or jacket; wool sweater or shirt; vest; turtleneck, any warm top!

___ **Headwear** (bring a thin and thick hat option and a neck gaiter or ear band) (BUY from **Wintergreen**)

What's works best: an insulating shell hat with sun visor plus a thin knit hat and a neck gaiter is ideal, although a thin and thick hat plus a scarf will suffice.

___ **Handwear** (one or more pair liner gloves plus warm mittens – don't scrimp!) (BUY from **Wintergreen**)

What works best: wool blend or fleece mittens large enough so synthetic liners gloves can be worn under them (liner gloves allow me you to take off your mitts for dexterity)

What doesn't work: leather "driving"-type gloves, cotton gloves, tight mittens

___ **Socks** What works best: two pair insulating socks + two pair liner socks (BUY from **Wintergreen**)

What doesn't work: cotton socks

___ Basic underwear (enough to keep you happy throughout your trip)

___ Sunglasses. Polarized ones with a neck strap work well. Ski goggles are okay but not necessary.

___ Flashlight. The smaller, the better. A headlamp (plus extra batteries) is essential for camping trips.

___ Swimsuit for saunas. (An optional sauna night is offered on most Wintergreen trips.)

___ Toiletries. Wind cream, lip balm, toothbrush & paste, personal meds (2 sets are best). Towels & wash cloths are available at lodges but for camping trips bring a small hand towel or pack towel for trail hygiene.

___ **MISC:** Digital &/or video camera, notebook/pencil, pictures of your home, family, pets, hobbies to share with group. Pocket knife or leatherman for camping trips. Hand &/or toe warmers (BUY from **Wintergreen**)

ADDITIONAL ITEMS FOR **CAMPING TRIPS ONLY:** (plus extra boot liners & a headlamp as noted above)

___ **essential:** Daypack or Fanny pack to keep snacks, water bottles, extra mitts & hat handy during day

___ **optional:** Camp Booties, great for camp and in sleeping bag. BUY from www.rei.com

(CAMPERS: Organize your gear in 2-3 stuff sacks. We'll issue you a duffel bag to stow your gear in sleds.)

